National Student Counselling Services Database.

SETU Student Counselling Service contributes data to the Irish National Student Counselling Services database with the goal of improving services and expanding current knowledge about student mental health in Ireland.

If you are 18 years or older, the Service asks your permission to share your de-identified data to a secure database managed by researchers in University College Dublin. You will not be identifiable from your data. Your data will be combined with data from other Student Counselling Services in Higher Education Institutions nationwide for statistical analysis. This data cannot be linked to you individually, so there are no foreseeable risks to contributing your data.

Access to this database is restricted to approved researchers. The data is analysed in order to identify trends in student mental health, to inform service planning, to conduct research on student mental health, and to help student counselling services throughout Ireland to evaluate their services.

With your consent, the service seeks your permission to contribute the following de-identified data: questionnaires you complete, and data created by counselling staff in regard to appointment type and the general areas of concern which arise for you in counselling.

Your decision to participate is voluntary. The service you receive will be the same whether you agree to share your data or not.

If you agree to the sharing of your data, you may withdraw your permission anytime until August 1, 2024, as once contributed to the database your data will not be distinguishable from other individuals and therefore cannot be identified in order to remove it from the database.

There are no direct benefits to you for sharing your information. However, sharing your information may contribute to enhancing the future service provided by student counselling services.

More information can be found at <u>https://www.tcd.ie/Student_Counselling/3set/wp1</u> website or by emailing <u>scsdatabase@ucd.ie</u>.